

**Are there deliveries
on holidays?**

- √ There are **no deliveries on holidays.**
- √ Meals will not be delivered on the holidays below:

New Years Day	1/2/06
President's Day	2/20/06
Memorial Day	5/29/06
Independence Day	7/4/06
Labor Day	9/4/06
Thanksgiving Day	11/23/06
Christmas Day	12/25/06



North Olmsted Senior Center
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North Olmsted, Ohio 44070
Main: (440) 777-8100
Outreach: (440) 716-4264
Email:
Web: www.north-olmsted.com

***North Olmsted
Senior Center***

***Meals on Wheels
Program***



***“More Than
Just a Meal!”***

*Meeting the
Opportunities and
Challenges of Aging
Today and Toward the
Future*

Telephone: (440) 777-8100

Welcome to Meals on Wheels!

The North Olmsted Senior Center is happy to have you as part of our family. We make every effort to assure that you receive a nutritious meal delivered by a friendly, caring, volunteer driver.



Eligibility for Service*

- √ Residents of the City of North Olmsted, over the age of 55
 - √ Living alone
 - √ Homebound
 - √ Unable to transport self to grocery store
 - √ Unable to prepare own food
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Nutrition

- √ All meals are nutritionally balanced, with each consumer receiving one hot and one cold meal
 - √ The program is able to cater to specific nutritional necessities, such as low sodium and diabetic diets (a special diet requires a prescription from the doctor)
 - √ The program does *not* cater to individual tastes
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Delivery of Meals

- √ Consumers may receive meals Monday, Wednesday, and Friday or Monday through Friday
- √ Consumers will receive their meals between 11:00AM - 12:30pm by North Olmsted Senior Center Volunteers
- √ If you are unable to answer the door, please let the senior center or the volunteer drivers know
- √ The North Olmsted Senior Center and the North Olmsted Police Department will start emergency procedures if there is any suspicion of injury or harm

Cost of Meals

- √ The Meals on Wheels program costs \$5.00 per day for each consumer
 - √ The consumer will receive a bill from the North Olmsted Senior Center at the end of each month
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Weather Conditions

- √ The North Olmsted Senior Center is closed due to weather when the city schools are closed
 - √ The Meals on Wheels program will do everything possible to deliver meals on these days
 - √ Staff from the senior center will contact you in the event of a delivery not being made
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Enrollment

- √ Contact Tiffany Hunt, Outreach Coordinator at the North Olmsted Senior Center at (440) 777-8100 to discuss options
- √ An in-home assessment *may* be needed to determine eligibility
- √ The North Olmsted Senior Center Meals on Wheels program only serves residents of North Olmsted

* The North Olmsted Division of Aging reserves the right to change the eligibility requirements on an "as needed", individual basis