

# EMILY SMITH



I'm a senior at Baldwin Wallace University. I have a double major in Exercise Science and Health Promotion/Education and a double minor in Personal Wellness and Athletic Coaching. I am a certified group exercise instructor through NETA and I am certified in Silver Sneakers Classic and Circuit as well as Pilates. In addition to group exercise, I coach group and private ice skating. I'm looking forward to helping you improve your health through my classes!

## CERTIFICATIONS:

**SilverSneakers Classic**  
**SilverSneakers Circuit**  
**Pilates**

**See Front Desk For This Month's Group Fitness Schedule!**

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