

KIMBERLY PROVINCE



Hi! People call me Lil Kim but I have a BIG personality and an enormous amount of energy. Music is my passion and fitness has always been a part of my life. So, I was introduced to Zumba about three years ago. I loved it so much that after the first year I became a Certified Zumba Instructor. As I strive to meet my fitness goals, I'm committed to helping others too. Not only is Zumba a fun way to release energy and stress and lose weight, but it also boosts confidence. You don't have to know how to dance. Just keep your body moving, follow my lead, and enjoy the music that keeps everyone coming back. Come join the party, meet new friends, and shake it!

CERTIFICATIONS:

Zumba

See Front Desk For This Month's Group Fitness Schedule!

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