

MEGHAN HANRAHAN



A North Olmsted native, Meghan is thrilled to be working with you on becoming your strongest self, mentally and physically. After 5+ years of riding, she was inspired to begin teaching in an effort to forward her own personal growth. Her playlists include current pop hits, occasional throwbacks and that song you hear on the radio that always gets you going.

To cross train, she is an avid racer and prides herself on being a 5k and half-marathon runner, while additionally frequenting yoga classes. Beyond the bike, Meghan is an Ohio University graduate who enjoys volunteering, spending time with her friends/family and finding new places to explore around Cleveland.

CERTIFICATIONS:
Spinning (Cycling)

See Front Desk For This Month's Group Fitness Schedule!

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