

# CHRISTEN SCHNEIDER



Christen has a back ground in special education and eco-friendly business practices. She teaches kids' yoga and consults with fashion businesses about ethical and eco-friendly issues. She lives with her husband, super-hero loving son, and very lazy beagle in North Olmsted.

When she isn't working, she loves reading, playing in the yard, and making things.

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## CERTIFICATIONS:

### Budding Yoga

Bedtime Yoga

Cool Yoga

Sports Yoga

See Front Desk For This Month's Group Fitness Schedule!

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