

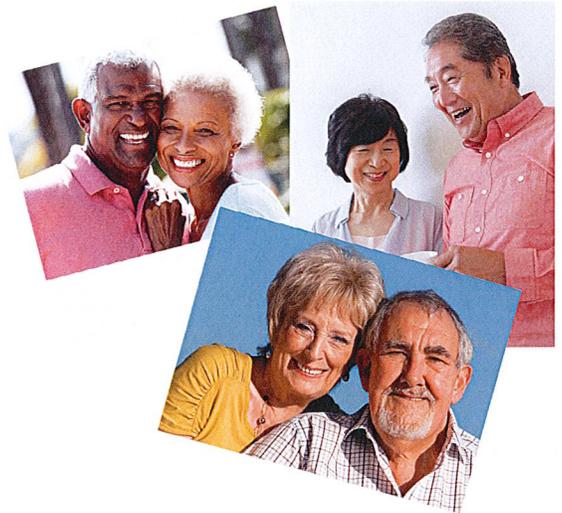
Do you or someone you love have diabetes? Everyone with Diabetes Counts is a program that encourages small lifestyle changes while learning about your diabetes and the way it affects your health. Have fun with friends and family while learning how to manage diabetes through **no-cost** educational workshops. Enjoy the benefits of a healthier, more energetic lifestyle by signing up today!

Join us if you:

- Have diabetes or pre-diabetes
- Are 60 years of age or older
- Have Medicare or Medicare/Medicaid

Program details:

- Six short weekly workshops
- Each class is two hours
- No cost to participate!



Where: North Olmsted Senior Center

Every: Monday From: 1:30PM - 3:30PM

Starting: September 12th, 2016

For six weeks, ending: October 17th, 2016

This program is not a replacement for medical care. Participants should keep all medical appointments and follow the directions of healthcare providers.

Sign up at no cost!
See Tiffany Hunt!



This material was adapted by Health Services Advisory Group, the Medicare Quality Improvement Organization for Ohio, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services, based on original material developed by WVMI Quality Insights, the QIO for Delaware, Louisiana, New Jersey, Pennsylvania, and West Virginia. The contents presented do not necessarily reflect CMS Policy. Publication No. OH-11SOW-B.2-01212016-01