

North Olmsted Senior Center
 28114 Lorain Road
 North Olmsted, Ohio 44070

DECEMBER 2015



Mon	Tue	Wed	Thu	Fri
Please stay tuned to your weather stations. <u>If the N.O. Schools are closed due to bad weather</u> the NOSC will be closed.	7 9:30 Chair Yoga 9:30 Knit/Crochet 10:30 Wii 11:50 Luncheon 12:30 Movie	2 9:00 Zumba Gold 12:00 Art 12:00 FYL Holiday Party	3 9:30 Chair Yoga 9:30 Knit/Crochet/Quilt 10:30 Wii 11:50 Luncheon 12:15 Entertainment 1:45 Singing Seniors	4 8:45 Geri Fit
7 8:45 Geri Fit 10:00 Blood Pressure 10:30 Tai-Chi 11:30-3:00 Bridge & Pinochle	8 8:30 Health & Wellness 9:30 Chair Yoga 9:30 Knit/Crochet 10:30 Wii 11:50 Luncheon 12:15 Special Lecture 1:00 Card O Rama	9 9:00 Zumba Gold 12:00 Art	10 9:30 Chair Yoga 9:30 Knit/Crochet/Quilt 10:30 Wii 11:50 Luncheon 12:15 Entertainment 1:45 Singing Seniors	11 8:45 Geri Fit
14 8:45 Geri Fit 10:00 Blood Pressure 10:30 Tai-Chi 11:30-3:00 Bridge & Pinochle	15 9:30 Chair Yoga 9:30 Knit/Crochet 10:30 Wii 11:50 Luncheon 12:00 Celebrating Ron Millie 12:30 Movie	16 9:00 Zumba Gold 9:45 Westside Market 12:00 Art	17 9:30 Chair Yoga 9:30 Knit/Crochet/Quilt 10:30 Wii 11:50 Luncheon 12:15 Christmas Party 1:45 Singing Seniors/ sing out	18 8:45 Geri Fit 11:00 Volunteer Group 12:00 NOSC Volunteers & Book Club Pizza Party
21 10:00 Blood Pressure 10:30 Tai-Chi 11:30-3:00 Bridge & Pinochle	22 9:00 Newsletter Ladies 9:30 Chair Yoga 9:30 Knit/Crochet 10:30 Wii 11:50 Luncheon 12:30 Movie	23 9:00 Zumba Gold 12:00 Art	24 9:30 Chair Yoga CHRISTMAS EVE <i>Senior Center Closed at 12:00</i>	25 CHRISTMAS DAY <i>Senior Center Closed</i>
28 10:00 Blood Pressure 10:30 Tai-Chi 11:30-3:00 Bridge & Pinochle	29 9:30 Chair Yoga 9:30 Knit/Crochet 10:30 Wii 11:50 Luncheon 12:30 Movie	30 9:00 Zumba Gold 12:00 Art	31 9:30 Chair Yoga NEW YEAR'S EVE <i>Senior Center Closed at 12:00</i>	1 NEW YEAR'S DAY <i>Senior Center Closed</i>