

North Olmsted Senior Center
 28114 Lorain Road
 North Olmsted, Ohio 44070

FEBRUARY 2016



Monday	Tuesday	Wednesday	Thursday	Friday
7 8:45 Geri Fit 10:00 Blood Pressure 11:30-3:00 Bridge & Pinochle	2 9:30 Chair Yoga 9:30 Knit/Crochet 10:30 Wii 11:50 Luncheon 12:30 Movie	3 9:00 Zumba Gold 11:00 Art 11:00-2:00 Tax Assistance (by appointment only)	4 9:30 Chair Yoga 9:30 Knit/Crochet/Quilt 9:30-11:30 Hearing Screening 10:30 Wii 11:50 Luncheon 12:15 Entertainment	5 8:45 Geri Fit
8 8:45 Geri Fit 10:00 Blood Pressure 11:30-3:00 Bridge & Pinochle	9 9:30 Chair Yoga 9:30 Knit/Crochet 10:30 Wii 11:50 Luncheon 12:15 Mardi Gras Party 1:00 Card O Rama	10 9:00 Zumba Gold 11:00 Art 11:00-2:00 Tax Assistance (by appointment only) 12:00 N.O. Women's 12:00 Lunch & Learn	11 9:30 Chair Yoga 9:30 Knit/Crochet/Quilt 10:30 Wii 11:50 Luncheon 12:15 Valentines Party 1:45 Singing Seniors	12 8:45 Geri Fit
15 President's Day Senior Center Closed	16 8:30 Health & Wellness 9:30 Chair Yoga 9:30 Knit/Crochet 10:30 Wii 11:50 Luncheon 12:30 Movie	17 9:00 Zumba Gold 11:00 Art 11:00-2:00 Tax Assistance (by appointment only)	18 9:30 Chair Yoga 9:30 Knit/Crochet/Quilt 9:30 Cholesterol/Glucose 11:50 Luncheon 12:15 Entertainment 1:45 Singing Seniors/ sing out	19 8:45 Geri Fit 11:00 Volunteer Group 1:00 Book Club
22 8:45 Geri Fit 10:00 Blood Pressure 11:30-3:00 Bridge & Pinochle	23 9:30 Chair Yoga 9:30 Knit/Crochet 10:30 Wii 11:50 Luncheon 12:30 Movie	24 9:00 Zumba Gold 11:00 Art 11:00-2:00 Tax Assistance (by appointment only) 12:00 N.O. Women's 12:00 Fundraiser Lunch	25 9:30 Chair Yoga 9:30 Knit/Crochet/Quilt 10:30 Wii 11:50 Luncheon 12:15 Entertainment 1:45 Singing Seniors	26 8:45 Geri Fit
29 8:45 Geri Fit 10:00 Blood Pressure 11:30-3:00 Bridge & Pinochle		<u>Happy Leap Year</u> Enjoy your extra day!		Please stay tuned to local weather stations. <u>If the N.O. City Schools are closed due to bad weather the NOSC will be closed</u>