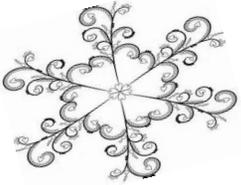
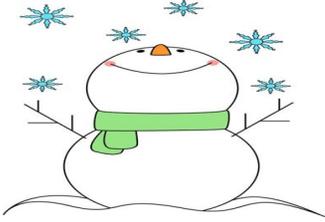


North Olmsted Senior Center
 28114 Lorain Road
 North Olmsted, Ohio 44070

JANUARY 2016



Mon	Tue	Wed	Thu	Fri
		Please stay tuned to local weather stations. <u>If the N.O. City Schools are closed due to bad weather the NOSC will be closed for all activities.</u>		1 <i>Happy New Year</i> Senior Center Closed
4 8:45 Geri Fit 10:00 Blood Pressure 11:30-3:00 Bridge & Pinochle	5 9:30 Chair Yoga 9:30 Knit/Crochet 10:30 Wii 11:50 Luncheon 12:30 Movie	6 9:00 Zumba Gold 11:00 Art	7 9:30 Chair Yoga 9:30 Knit/Crochet/Quilt 10:30 Wii 11:50 Luncheon 12:15 Entertainment	8 8:45 Geri Fit
11 8:45 Geri Fit 10:00 Blood Pressure 11:30-3:00 Bridge & Pinochle	12 9:30 Chair Yoga 9:30 Knit/Crochet 10:30 Wii 11:50 Luncheon 12:30 Movie 1:00 Card O Rama	13 9:00 Zumba Gold 11:00 Art 12:00 Fundraiser Lunch 12:00 N.O. Women's	14 9:30 Chair Yoga 9:30 Knit/Crochet/Quilt 10:30 Wii 11:50 Luncheon 12:15 Entertainment 1:45 Singing Seniors	15 8:45 Geri Fit 11:00 Volunteer Group 1:00 Book Club
18 8:45 Geri Fit 10:00 Blood Pressure 11:30-3:00 Bridge & Pinochle	19 9:30 Chair Yoga 9:30 Knit/Crochet 10:30 Wii 11:50 Luncheon 12:30 Movie	20 9:00 Zumba Gold 11:00 Art	21 9:30 Chair Yoga 9:30 Knit/Crochet/Quilt 10:30 Wii 11:50 Luncheon 12:15 Entertainment 1:45 Singing Seniors/ sing out	22 8:45 Geri Fit 9:00-1:00 AARP Safe Driver Training
25 8:45 Geri Fit 10:00 Blood Pressure 11:30-3:00 Bridge & Pinochle	26 9:30 Chair Yoga 9:30 Knit/Crochet 10:30 Wii 11:50 Luncheon 12:30 Movie	27 9:00 Newsletter Volunteers 9:00 Zumba Gold 11:00 Art 12:00 N.O. Women's	28 9:30 Chair Yoga 9:30 Knit/Crochet/Quilt 10:30 Wii 11:50 Luncheon 12:15 Entertainment 1:45 Singing Seniors	29 8:45 Geri Fit