#### NORTH OLMSTED GYMNASTICS

# PRESCHOOL OPEN GYM

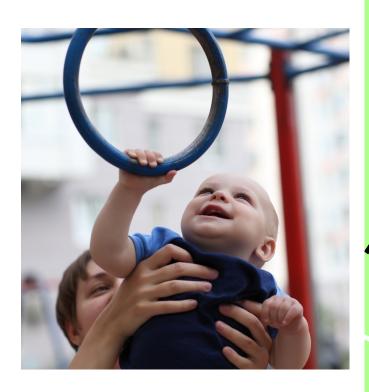
AGES 5 & UNDER

### Open Gym Procedures

#### **FALL 2022**

To ensure the safety of all of our participants, please adhere to the following open gym procedures:

- Upon arriving at the rec center, pay at the front desk. You will receive a number to bring to the gymnastics facility.
- 2. Sign in with a gymnastics staff member and review open gym rules when your number is called.
- 3. Max capacity is **30 students**. We will not exceed this for any reason. If you arrive after we have reached max capacity, you will receive a waitlist card. Those waiting for entry are asked to wait quietly in the bleachers or vestibule. A staff member will notify you when it is your turn to enter.
- 4. To ensure a pleasant experience for all guests, NOG staff reserve the right to remove any guests who do not adhere to the open gym rules or procedures, without a refund.



### **New Schedule**

**Fridays** 

10:00-11:00 AM 11:15-12:15 PM

\$5 per child

Max Capactity: 30 students

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AGES 5 & UNDER

## **Open Gym Rules**

- 1. Preschool open gym is for children 5 years old and younger. No exceptions will be made, even for siblings.
- 2. All children must be accompanied by an adult.
- 3. Adults must stay within arms reach and attentive to their children at all times.
- 4. Cell phone use is limited to pictures/videos of your child only.

  Phone calls and texting should not occur during open gym.
- Adults are not permitted to play on any equipment. No exceptions.
- 6. NOG coaches and staff may restrict any skill or use of equipment if they feel it is unsafe.
- 7. No food, gym, or beverage of any kind are permitted in the gymnastics area.
- 8. To ensure a pleasant experience for all guests, NOG coaches and staff reserve the right to remove any guests who are not following the above rules without a refund.