

Future Fitness Room Cardiovascular Equipment



Concept 2 Rower: Model D

The dependable performance of our Model D Indoor Rower has made it the best selling indoor rower in the world. Recognized by competitive rowers as the standard for indoor training, the Model D delivers an effective cardiovascular workout that will increase your fitness level and tone your physique. At a fraction of the cost of other home fitness equipment or a yearly gym membership, you can have the luxury of working out in your home whenever you choose...and get a great workout to boot.

Stairmaster Gauntlet Stepmill:

Since 1983, StairMaster has provided fitness options that require real effort from users, and reward that effort with real results. We are proud to say that for over 25 years, we have been known as the workout that your members love to hate, and we are dedicated to continuing that tradition. Real Work. Real Results.

- ⇒ Handrails and console designed for correct user posture and comfort
- ⇒ Warm bar stop button and contact heart rate
- ⇒ Step-up assist for easy mount or dismount

Benefits of stairclimbing:

- ⇒ Less Stress
- ⇒ More Efficient
- ⇒ Highly Functional



Similar unit—
Image of
exact model was
not available.



SCI-FIT PRO Total Body:

The industry's most versatile rehabilitation tool, the PRO2® is an upper body exerciser and lower body recumbent bike in one for a total body solution. Dependent upper and lower cranks enable passive assistance

- Knee-to-elbow motion for cardio to the core
 - Easy access with true, adjustable step through
 - Removable seat for wheelchair accessibility
 - Standard, adjustable and bariatric seat options
 - Therapist assist pedal on adjustable seat
 - Bi-directional exercise
 - Iso-Strength safe, accommodating strength program
- Very low starting resistance