

North Olmsted Senior Center
 28114 Lorain Road
 North Olmsted, Ohio 44070
 (440) 777-8100
 Monday-Friday 8AM-4:30PM

February 2020



Monday	Tuesday	Wednesday	Thursday	Friday
3 8:45 Geri Fit 10:30 Blood Pressure 11:30-3:00 Bridge & Pinochle 12:00-3:00 Mexican Train Dominoes	4 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:30 Movie	5 11:00 Art	6 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:00 Live Music	7 8:45 Geri Fit
10 8:45 Geri Fit 10:30 Blood Pressure 11:30-3:00 Bridge & Pinochle 12:00-3:00 Mexican Train Dominoes	11 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:30 Movie 1:00 Card O Rama	12 10:00 Chair Volleyball 10:00 Seniors Strong 11:00 Art 12:00 Lunch & Learn 12:00-3:00 OSHIIP 7:30PM MS Support	13 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:00 Speaker	14 8:45 Geri Fit 12:00 Passport Luncheon Happy Valentines Day!
17 Presidents Day Senior Center Closed	18 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:30 Movie	19 11:00 Art	20 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:00 Live Music	21 8:45 Geri Fit 11:00 Volunteer Group 1:00 Book Club
24 8:45 Geri Fit 10:30 Blood Pressure 11:30-3:00 Bridge & Pinochle 12:00-3:00 Mexican Train Dominoes	25 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:30 Movie	26 10:00 Chair Volleyball 11:00 Art 12:00 Fundraiser Luncheon	27 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:00 Live Music	28 8:45 Geri Fit
Yoga + Community Cabin Saturday, February 8th 9AM Doors Open 10AM All Levels Yoga Class 10:45AM Presentation See page 6 for details		Reminder: If the North Olmsted City Schools are closed due to bad weather the Senior Center will also be closed for all activities. Check local news stations for school closing updates.	Mayors Art Show Old Town Hall Opening Reception 5186 Dover Center Road Wednesday, February 5th 6:00-8:00PM www.north-olmsted.com	Leap Day Saturday, February 29 