

North Olmsted Senior Center
 28114 Lorain Road
 North Olmsted, Ohio 44070
 (440) 777-8100
 Monday-Friday 8AM-4:30PM

March 2020



Monday	Tuesday	Wednesday	Thursday	Friday
2 8:45 Geri Fit 10:30 Blood Pressure 11:30-3:00 Bridge & Pinochle 12:00-3:00 Mexican Train Dominoes	3 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:30 Movie	4 11:00 Art	5 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:00 Live Music	6 8:45 Geri Fit
9 8:45 Geri Fit 10:30 Blood Pressure 11:30-3:00 Bridge & Pinochle 12:00-3:00 Mexican Train Dominoes	10 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:30 Movie 1:00 Card O Rama	11 10:00 Chair Volleyball 10:00 Seniors Strong 11:00 Art 12:00 Lunch & Learn 7:30PM MS Support	12 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:00 Speaker	13 8:45 Geri Fit 12:00 Bingo
16 8:45 Geri Fit 10:30 Blood Pressure 11:30-3:00 Bridge & Pinochle 12:00-3:00 Mexican Train Dominoes	17 9:30 Chair Yoga 9:30 Knit/Crochet Voting Day No Lunch Served	18 11:00 Art 12:00-3:00 OSHIIP	19 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:00 Live Music	20 8:45 Geri Fit 11:00 Volunteer Group 1:00 Book Club 1st Day of Spring!
23 8:45 Geri Fit 10:30 Blood Pressure 11:30-3:00 Bridge & Pinochle 12:00-3:00 Mexican Train Dominoes	24 9:30 Chair Yoga 9:30 Newsletter Ladies 9:30 Knit/Crochet 11:30 Luncheon 12:15 Speaker	25 10:00 Chair Volleyball 11:00 Art 12:00 Fundraiser Luncheon	26 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:00 Baseball Movie	27 8:45 Geri Fit 12:00 Bingo
30 8:45 Geri Fit 10:30 Blood Pressure 11:30-3:00 Bridge & Pinochle 12:00-3:00 Mexican Train Dominoes	31 9:30 Chair Yoga 9:30 Knit/Crochet 11:30 Luncheon 12:30 Movie		Sunday, March 8th Daylight Savings Time Spring Forward 1 Hour Don't forget to change your batteries in your smoke detectors!	Yoga + Community Cabin Saturday, March 14th 9AM Doors Open 10AM All Levels Yoga Class