



North Olmsted Senior Center October 2020

Mon.	Tue.	Wed.	Thu.	Fri.
			1 9:30 Chair Yoga 10:00 Senior Strong (conference call only)	2 8:45 Geri Fit 2:00 Nature Pam Lecture: Badlands & Devils Tower
5 8:45 Geri Fit	6 9:30 Chair Yoga	7	9 9:30 Chair Yoga 10:00 Senior Strong (conference call only)	9 8:45 Geri Fit
12 8:45 Geri Fit	13 9:30 Chair Yoga	14 12:30 Movie: Playing With Fire (comedy)	15 9:30 Chair Yoga 10:00 Senior Strong (conference call only)	16 8:45 Geri Fit
19 8:45 Geri Fit	20 9:30 Chair Yoga	21	22 9:30 Chair Yoga 10:00 Senior Strong (conference call only)	23 8:45 Geri Fit
26 8:45 Geri Fit	27 9:30 Chair Yoga 2:00 Halloween Celebration	28 12:30 Movie: Knives Out (crime thriller)	29 9:30 Chair Yoga 10:00 Senior Strong (conference call only)	30 8:45 Geri Fit

Contact Us

North Olmsted Senior Center
28114 Lorain Road
North Olmsted, OH 44070
(440) 777-8100
www.north-olmsted.com

Jackie Chavez-Anderson
Senior Center Administrator

Kevin M. Kennedy
Mayor

New Hours

Starting September 28
Monday – Friday
8:00 a.m. – 3:00 p.m.
Registered Activities
& Appointments Only