

SPECIAL POINTS OF IN- TEREST:

- Recycling Guide
- Recipe Corner
- Free Produce

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DYFS-Oxcart Pantry

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Summer Food Service Program

Summer food service programs are in full swing and available to anyone with children from age 1 up to age 18. No application or reservations are necessary.

Children ages 1 through 18 are eligible to receive free meals during the summer months at participating program sites. Individuals ages 19 through 21 who have been identified as having mental or physical disabilities and are following Individualized Education Programs (IEPs) through their current enrollment in educational programs also are eligible for free summer meals.

For more information or to find a location near you call **1-866-3-HUNGRY (486479)** Program sites for North Olmsted include:

North Olmsted Rec Center
26000 Lorain Road
11-Noon & 2:15-3pm

North Olmsted Library
27403 Lorain Road 11:30-Noon

Birch Primary School
24100 Palm Drive 11:00 - Noon

Maple Intermediate School
24101 Maple Drive
11:00-Noon & 2:15-3pm

North Olmsted High School
27301 Butternut Ridge Road
11:00-Noon

Horizon Activities Center
4001 David Drive
8-9 am & 11:00-Noon

Chestnut Intermediate School
30395 Lorain Road 11:00-Noon

All programs are open Monday through Friday each week.



Handy Guide to Recycling

Combine all recycling loose (not bagged) in your curbside recycling:

- **CANS:** Includes all metal food and beverage cans such as pop, beer, soup, vegetable and tuna. Cans should be emptied, rinsed and then recycled.
- **CARTONS:** Includes milk, juice, soup and broth plus wine cartons. Cartons should be emptied and rinsed. Replace the cap and place in your curbside recycling.
- **GLASS:** Includes glass food and beverage bottles and jars. Empty, rinse and replace the lid before recycling. You do not need to remove the label.
- **PAPER & BOXES:** All paper and boxes can be recycled, including newspapers, magazines, junk mail, boxes, greeting cards, cereal boxes, cardboard, phone books and clean pizza boxes. Flatten cardboard items, like cereal boxes, to save space.
- **PLASTIC BOTTLES:** Any plastic bottle, jar, jug or tub can be placed in your curbside recycling. Recycle plastic food and beverage bottles, cosmetics and personal products, and laundry detergent and bleach bottles. Containers should be emptied and rinsed. Replace the cap and put in your curbside recycling.

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HOMEMADE MARINARA SAUCE

Ingredients:

- 2 TB olive oil
- 1/2 cup chopped onion
- 2 stalks celery chopped
- 1/2 cup chopped green pepper (optional)
- 2 cans diced tomatoes w liquid
- 1/2 small can tomato paste
- 1/2 tsp salt
- 1/4 tsp garlic powder
- 1 TB dried basil (more if fresh)
- Pepper to taste
- Sauté onion, celery and green peppers in olive oil til slightly

cooked

Add remaining ingredients, stir and keep on low to simmer for 25 minutes.

Cook desired pasta and drain. Top with sauce and add a sprinkle of parmesan and/or pepper flake if desired. Enjoy!!

This recipe can easily be doubled or tripled and freezes well in freezer containers or freezer bags sealed well and stacked upright to freeze. Use within 6 months if frozen; will keep three days in refrigerator if

not.

Variations: Add cooked chicken pieces or cubes to sauce and serve with pasta. Top with fresh parsley.

Can be used as pizza sauce or served over prepared frozen ravioli.

Great for dipping garlic bread or pizza crust.

Cooked meatballs or sausage can be topped for wonderful sub sandwiches. Toast in oven for a few minutes with mozzarella!

Make a batch and get creative!!



FREE PRODUCE DISTRIBUTION in AUGUST!!



**Oxcart Pantry Summer
2019 Produce Date:**

**John Knox Church
25200 Lorain Road
North Olmsted**

Monday, August 12th

2-4 PM

Last one of the summer!



Recycling Guide Continues....

Now that you know what you can recycle, here are some items that are **NOT** accepted for recycling which include:

- Cassette tapes**
- Single use cups**
- Take out containers**
- Styrofoam**

Plastic toys

Plastic or metal hangers

Agriculture pots

Plastic grocery bags

Shredded paper

Medications should NOT be flushed or discarded with regular trash. Medications can be dropped off at North Olmsted

Police Department (container in lobby) for safe disposal.

It is best to put all lids and caps back onto bottles, jars or jugs for recycling. No need to remove labels from jars or bottles. Medication labels may be blacked out with a permanent marker.

Keep your family safe and our planet clean by doing your part to recycle household items on a regular basis.